

Enjoy reading these wonderful quotes – wisdom, truth, peace, & love to you... namaste!

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☘ Waking up this morning, I smile. Twenty-four brand new hours are before me. I vow to live fully in each moment, and to look at all beings with eyes of compassion.

– Thich Nhat Hanh

☘ EVERY SAINT WHO HAS PENETRATED TO THE CORE OF REALITY HAS TESTIFIED THAT A DIVINE UNIVERSAL PLAN EXISTS AND THAT IT IS BEAUTIFUL AND FULL OF JOY.

– *Paramahansa Yogananda, Autobiography of a Yogi*

☘ As there is no screen or ceiling between our heads and the infinite heavens, so there is no bar or wall in the soul where human kind, the effect ceases . . . I am constrained every moment to acknowledge a higher origin for events than the will I call mine.

There is a deep power in which we exist and whose beatitude is accessible to us. Every moment when the individual feels invaded by it is memorable. It comes to the lowly and simple; it comes as insight; it comes as serenity and grandeur. The soul's health consists in the fullness of its reception. **Within us is the soul of the whole; the wise silence; the universal beauty, to which every part and particle is equally related; the eternal One.** When it breaks through our intellect, it is genius; when it breathes through our will, it is virtue; when it flows through our affections, it is love.

– Ralph Waldo Emerson, *The Oversoul*

☘ If of thy store two loaves of bread alone are left, sell one – and with the doler, buy hyacinths to feed your soul.

– Persian Proverbs, *The Rose Garden*

☘ *It is only when we truly know and understand that we have a limited time on earth – and that we have no way of knowing when our time is up, that we will begin to live each day to the fullest, as if it was the only one we had.*

– *Elisabeth Kubler-Ross, The Wheel of Life*

☘ Violence as a way of achieving...justice is both impractical and immoral. It is impractical because it is a descending spiral ending in destruction for all. The old law of an eye for an eye leaves everybody blind. It is immoral because it seeks to humiliate the opponent rather than win his understanding... it thrives on hatred rather than love. It destroys community and makes brotherhood impossible. It leaves society in monologue rather than dialogue. *Violence ends by defeating itself. It creates bitterness in the survivors and brutality in the destroyers.*

– Martin Luther King, Jr.

☘ *Our deepest fear is not that we are inadequate, our deepest fear is that we are powerful beyond measure. It is our light not our darkness that most frightens us... We are all meant to shine as children do... And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others.*

– Marianne Williamson, *A Return to Love*

☘ You were born with potential, You were born with goodness and trust, You were born with ideals and dreams, You were born with greatness, You were born with wings, You are not meant for crawling, so don't, You have wings, Learn to use them and fly!

– *Rumi*